



Making a Difference in Your Health

IONCLEANSE INFORMATION

Today we are exposed to the greatest toxic load in the history of our planet and ongoing periodic detoxification is essential to maintain health and avoid disease. The IonCleanse, in combination with a healthy, low-stress lifestyle, provides a thorough and efficient way to maintain high energy levels and long term wellness.

We believe the IonCleanse detoxifies the body more effectively and faster than any herbal or fasting protocols, with little or no stress to the patient. Used properly, the IonCleanse provides a comfortable and relaxing way to rid the body of toxins without precipitating healing crises.

While every one of your patients should benefit from IonCleanse footbaths, you will create a model opportunity to gain immediate, positive momentum by bathing patients with the following symptoms: edema, inflammation, gout, osteo-arthritis, and pain that is not related to subluxation.

Eighty-five percent of patients with the above ailments will experience an immediate benefit. Your confidence in the unit will grow, as will your practice, so you may then introduce your more complicated cases to the IonCleanse. Because disease, surgeries and many medical procedures leave the body weak and toxic, IonCleanse detoxification treatments may prove to be essential to your ongoing health.

About the IonCleanse

The IonCleanse is a state of the art unit that features:

- 1) An LED screen that displays voltage, amperage and time duration, making it impossible to over-salt or over-treat. This feature enables the operator to know precisely how much salt to add in order to maximize power output without ever risking electrical shorts or burnouts.
- 2) Five treatment options: three pre-programmed and two which you determine based on muscle testing. This will cut down on the time you spend administering treatments.
- 3) An array with slow-corroding, replaceable plates that cost approximately \$1.00-52.00 per session, depending on the corrosiveness of your local water.
- 4) Future upgrades will be accomplished by programmable chip modifications so the unit will never be obsolete. The IonCleanse will remain state of the art for years to come.

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What to Expect from a Session

Healthy individuals can expect to feel lighter and experience a greater sense of well being from each lonCleanse session. Many people with pain, edema, gout and swollen or deteriorating joints report considerable symptomatic relief from lonCleanse sessions.

Colors and Objects in the Water

Many colors and objects appear in the water during lonCleanse sessions. There is a reaction between the toxins and particles in the water, the salt added to the water, the metals in the array, and the acidity or alkalinity of the person being bathed. All of these combine to produce color, whether or not feet are in the water. The basic color produced by these reactions varies from one geographic area to another.

It is important to understand that the water will change color even if the unit is operating without feet in the water. The basic color change is a result of the reaction between all of the variables in the water and the array, as discussed above. This color change will vary in accordance with the toxic and chemical components of the water and air given a particular geographical area.

The toxins in our bodies will look the same as the toxins predominant in a specific area; however, there will be more toxic particles in the water with feet in it. You will also find that water-based toxins will not stick to the side of the bucket and array, whereas substances pulled from the body will form a sticky ring that must be removed with a detergent.

However, through many tests, we have found that the residue in the bucket is easily rinsed off if the unit operates without feet in the bucket. In addition, the residue produced while a person's feet are bathed has been found to stick to the bucket and cling to the array. The bucket will then require some type of scouring powder or soap in order to be thoroughly cleaned.

We have also found that a person's detoxification session will override the geographical toxicity of the water. Based on EAV (Electro Acupuncture by Voll) testing, the following table shows what we believe the colors in the water to represent:

Color or Particle	Material or Area of the Body
Yellow-green	Detoxifying from the kidney, bladder, urinary tract, female/prostate area
Orange	Detoxifying from joints
Brown	Detoxifying from liver, tobacco, cellular debris
Black	Detoxifying from liver
Dark green	Detoxifying from gallbladder
White foam	Lymphatic system
White cheese-like particles	Most likely yeast
Black flecks	Heavy metals
Red flecks	Blood clot material

We have also seen parasites, pinworms, and smelly purple mucous from a person on dairy allergy medication. We have experienced various rancid odors, which, if you have more than one unit operating in your office, will require an ionizer to neutralize.

Regional Toxicity

Water, metal and salt will combine to produce a light water color change, as well as objects in the water even without feet being submerged. The IonCleanse neutralizes toxins in the water the same way it neutralizes toxins in the body. The predominant color of the de-ionized water is determined by the chemicals used by local water authorities in combination with the pollutants common to that area.

In Denver, Colorado, the predominant water color is orange; in Phoenix, Arizona it is orange-brown; in parts of Texas it is brown; yellow-green in Boise, Idaho.

Chinese acupuncturists understand the concept of regional toxicity as it relates to the ailments that predominate in a given area. Some areas of the country have higher joint complaints, while others report a higher frequency of kidney-bladder problems. Could it be that the toxins peculiar to an area gravitate toward a specific part of the body causing it to break down?

As a general rule, regional toxins contribute 20-40% of the residues found in the water after a footbath. The black flecks can be created by heavy metals in the bath water as well as deterioration of the metal in the array. Experience and the observations discussed above will help you determine what is coming from the patient and what is coming from the array.

How the IonCleanse Works Generating Ions

An ion is a charged atom that has gained or lost an electron which creates a magnetic field capable of attaching to and neutralizing oppositely charged particles. These neutralized particles are extracted from the body through the process called osmosis. Osmosis is a scientific term that is used to describe the movement of particles through a membrane from an area of lower concentration to an area of higher concentration. In this case, the higher concentration refers to the ion field that is set up by placing the array into the water while running the unit.

The array is placed into the water alongside the hands, feet, or body while the power supply delivers a low level direct current to the array. This causes the metals within the array in combination with water and salt to generate positively and negatively charged ions by separating oxygen and hydrogen in the water.

The practitioner determines the polarity setting through the use of litmus paper (pH strips) or muscle testing. We speculate that ions generated by the IonCleanse travel through the body attaching themselves to a multitude of toxic substances, thereby neutralizing their positive or negative charge. It may be possible to reduce pain and other symptoms caused by a lifetime of toxic buildup in the body (assuming the symptoms are caused by toxic buildup). The long-term effectiveness of the IonCleanse detoxification process depends on other life-enhancing changes a person is willing to make.

The Meaning of Positive and Negative

For the purpose of IonCleanse discussions, positive and negative relate to electrical rather than chemical phenomena.

When the IonCleanse is set to positive, the current is directed to the positive pole, which results in the production of more negative ions in the water. Therefore, a positive polarity generates a negative ion flow which, we believe, raises blood pH from acidic toward alkaline.

When the IonCleanse is set to negative, the current is directed to the negative pole, which results in the production of more positive ions in the water. Therefore, negative polarity generates a positive ion flow which, we believe, lowers blood pH from alkaline toward acidic.

Approximately 95% of people in this culture experience a state of acidity; that is, their bodies contain an excess of hydrogen ions, and their blood pH is lower than 7.45. These people will greatly benefit from exposure to high concentrations of negatively charged ions, however, we have found through muscle testing that most people prefer a mixture of positive and negative ions in each IonCleanse session.

Contraindications

Anyone who falls into one or more of the categories listed below should not use the IonCleanse system:
A person that has a pacemaker or any other battery operated or electrical implant
Individuals who do not respond to a muscle test or who test weak to both polarities in the water with the unit turned on

- Any person who is on heartbeat regulating medication
- Any person who has had an organ transplant
- Any person who is taking a medication, the absence of which would mentally or physically incapacitate them, e.g., psychotic episodes, seizures, etc.

In addition, the following recommendations should be strongly considered:

- Many medications require that a blood level be maintained in order to be effective, such as blood pressure medication. You may be able to schedule an IonCleanse session just before the administering of medication so that the patient or client can maintain proper blood levels.
- Make sure that patients with low blood sugar have eaten before an IonCleanse session. The IonCleanse tends to lower blood sugar in diabetics and may do so with those who are hypoglycemic.
- It is best not to bathe pregnant and lactating women because the IonCleanse will pull toxins out of tissues and fat. These toxins *could* impair fetal development and *will* become part of the milk that is fed to a newborn infant.

Note: Pregnant and lactating women have used the IonCleanse without harm; however, we recommend staying on the safe side and not bathing these patients or clients.

As a general rule, you can use the IonCleanse with patients on dialysis, taking insulin, or experiencing congestive heart failure. Gentle detoxification will help the body eliminate toxins which the kidney and heart cannot eliminate on their own, but will not interfere with medications or deplete insulin levels. You can probably work with people who have had a metal joint implant, but some have found the exposure to an electromagnetic field to be too uncomfortable. If the patient feels uncomfortable, stop the treatment immediately.

Nutritional Protocols

Detoxifying the body accelerates catabolic and anabolic metabolism and requires extensive supplemental nutrition to maximize results. The liver, kidneys, lymph, adrenals and colon must be strengthened and supported to accommodate the increased stress placed upon them. Heavy metals dislodged from receptor sites during detoxification must be replaced by carbon-based minerals to prevent their being drawn back to those sites.

Everyone benefits from detoxification, but many patients are too weak to plunge into a detoxification program right away. The adrenal glands and organs of elimination of weak patients may need to be strengthened and supported for a few weeks prior to beginning a detoxification program. I have supervised thousands of programs over sixteen years of private practice (including my own recovery from lung cancer) and have counseled hundreds of doctors in the use of the IonCleanse over the past two-and-a-half years. I have surveyed the field of supporting nutrition products and the following selections are the best and most effective supports I have found. They will serve the needs of every detoxification program regardless of patient symptom.

IntraMin: A high-carbon liquid micro-complex of 65 trace minerals, fulvic acid, poly-electrolytes and metallo-enzymes. Particle size is much smaller than most colloids, which makes them exceptionally absorbable at the cellular level. Administer two capfuls before or after an IonCleanse session if patient tests for minerals. Take 4-6 capfuls per day during the term of detoxification. Cellular receptor sites need to be replenished with good minerals to prevent re-absorption of the heavy metals removed during detoxification. Additionally, minerals are involved in all catabolic and anabolic activities in the body.

Most patients will require the ***IntraMin*** supplement on a continuing basis.

IntraMax: Contains all of the ingredients of ***IntraMin*** plus 100% of the RDA of most essential vitamins and 35 additional super-nutrients, including anti-oxidants, co-enzymes, amino acids, bioflavonoids and herbs. This supplement provides complete organ, glandular, brain and nerve support. Weak patients should take ***IntraMax*** and one or two of the herbal formulas for 2 - 3 weeks before starting a formal detox program. These supplements will strengthen the adrenals, the weaker organs of detoxification, and the electrical system. ***IntraMin*** and ***IntraMax*** can and should be taken together, especially when a high mineral intake is required. ***IntraMax*** taken by itself on a continuing basis is an inexpensive formula that provides for most, if not all, daily nutritional needs.

TF (The Formula)

TF is a powerful detoxifying and nutritional support formula for healthy individuals only. It is contraindicated for highly toxic and energetically weak persons. It contains fat soluble vitamins A, D, E, & K, essential fatty acids, all the vitamin B components, vitamin C, ten major minerals, 58 trace minerals and 18 amino acids.

Ionization Therapy: Modern Technology Applied to an Ancient Problem

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I walked into the Santa Cruz room at the Embassy Suites Hotel in North Phoenix just in time to catch the beginning of Dr. Jeff Ulery's lecture on joint mobility. Dr. Jeff, a chiropractor, works out of Dr. Bruce Shelton's office, and was one of the presenters at the May, 2002 HEEL seminar. A few minutes into his lecture, Jeff introduced Bob Moroney, who was standing next to him with a small tub of water. Bob proceeded to place Egon Langraf's feet in the water that contained a plastic module attached to a power supply. While Jeff talked and cameras rolled, the water around Egon's feet turned a bright yellow-green, then orange, then brown, with prodigious quantities of fatty material floating on top.

Jeff interrupted his lecture to allow Bob to explain the strange transformation of ordinary tap water into a tub of Technicolor sludge. Bob explained that the water module utilizes low voltage direct current to separate the water molecule into positive and negative ions. The ions travel through the body, attaching to and neutralizing oppositely charged particles, and osmosis pulls the neutralized particles out through whatever surfaces are exposed to the water. I can regulate the ion mix according to the pH of the body by changing the direction (*polarity*) of the electrical flow. The positive polarity produces more negative ions, and the negative polarity more positive ions. Actually, I determine what ion mix the body wants through muscle testing, but there seems to be a strong correlation between saliva pH and what the body tests for. In 25 tests, we have determined that an alkaline saliva will muscle test for a predominantly negative polarity, and vice versa for an acid saliva.¹ Keep in mind that positive and negative are electrical terms that refer to the poles that the current flows to; not the predominant ion charge. The colors and the sludge in the water are produced by the ionization interaction of the current flow, the metal in the module and the toxins in the water and body.

Bob was asked if he could explain the chemistry of what's happening in the water.

"I'll try. The process of separating oxygen and hydrogen is known as decomposition, which means oxidation-reduction reaction. Oxidation means giving up electrons and reduction means gaining electrons. Water is oxidized at the anode. The reaction is $2\text{H}_2\text{O} \rightarrow \text{O}_2 + 4\text{H}^+ + 4\text{e}^-$ where 4e^- stands for 4 negatively charged electrons that are given up in the oxidation process.² Water is reduced at the cathode. The reaction is $4\text{H}_2\text{O} +$

$4\text{e}^- \rightarrow 2\text{H}_2 + 4\text{OH}^-$ where the 4e^- stands for the electrons that

are gained in the reduction process.³ In the overall decomposition reaction, the volume of H_2 produced is twice the volume of O_2 : $2\text{H}_2\text{O} \rightarrow 2\text{H}_2 + \text{O}_2$.⁴ What we have, therefore, are free negative and positive ions circulating in a water solution (*the physical body is a water solution*), and occasionally combining

to form H_2O_2 , otherwise known as hydrogen peroxide."⁵

So are we dealing with free hydrogen, free oxygen and various combinations of both, and what are the effects of these combinations on the human body?

"Majid Ali, M.D., author of *Oxygen and Aging*,⁶ states that when functional, oxygen provides the basic drive for human metabolism, is the quarterback detox molecule of the body, and is nature's most potent antimicrobial agent. Thus, it is the guardian angel of human health. When dysfunctional, oxygen is oxidizing, acidifying and dysoxygenative.⁷ In chapter seven, he presents extensive research linking several chronic disorders, including fibromyalgia, CFS, environmental sensitivity syndrome and Gulf War syndrome, to pleomorphic forms and faulty oxygen metabolism."⁸

I don't claim that the IonCleanse cures these conditions, but several doctors have told me that patients report feeling better after a series of treatments. Obviously, a periodic infusion of oxygen makes it more difficult for these microorganisms to proliferate, especially if the oxygen was accompanied by a pH -change."

"What do you mean by pH change," I asked.

"As I said earlier, the H^+ and OH^- ions produced in the water can be regulated, according to what the body needs. Since we individually muscle test for positive and negative polarity preference, I can only assume that the body decides preference, based on how it wants blood pH to be balanced, a conclusion which is supported by Dr. McLain's saliva tests in Dallas. An acid pH provides an ideal breeding ground for worms, parasites, microorganisms, and other critters that lower body function and cause disease.

I recently read about the work of Dr. Charles Farr in a book by Nathaniel Altman, called *Oxygen Healing Therapies?* Apparently, Farr was the major researcher of oxygen healing therapies which included hyperbaric, ozone and hydrogen peroxide. These therapies accomplish the same result—increasing the amount of oxygen available to the body—and are therefore interchangeable. Hyperbaric is expensive because of the capital investment required, but ozone and hydrogen peroxide are cheap and easy to administer. Farr reported excellent results with a host of conditions too numerous to list here. It appears from his research that oxygen deficiency is endemic to Humankind, and lack of oxygen underlies most of the diseases that plague us. I see ionization technology as a way to help people avoid disease, and live more energetic lives."

A question came from the audience: What happens if no feet are in the water?

"The water will change color as the particulate matter in it becomes neutralized by the ionization process. Phoenix water has a lot of particulate matter in it, but you can still tell the difference between that stuff and what is coming out of the

human body. The water matter will easily rinse out of the bucket while the human sludge will require scouring and scrubbing to remove. A lot of human sludge comes out encased in fat and mucous, which are sticky substances."

I asked if any tests been done to access water contents after a session.

"Yes. We know from a small study done by Dr. Michael Lebowitz in Grand Junction with a first generation unit that showed a hundredfold increase in the excretion of aluminum out of the urine.¹⁰ A feces test would have been more appropriate, but Michael was not up to the task. Dr. David Shiflet conducted a before and after water metal content study, involving 12 patients at an EPA lab in Phoenix in 2001. That study showed impressive increases in water metal balances after treatment with a second generation unit." We are presently conducting a much broader study involving four doctors and fifteen patients, doing both 24-hour urine and before and after water metal tests. These results should be available at the end of July, 2002."

Dr. Ulery interjected his personal experiences with the unit into the discussion. "We've been using this technology in Dr. Shelton's office for several months. It has been a tremendous help with virtually all the problems we work on as chiropractors. It accelerates our work with the laser, adjuster and percussor because it speeds the release of toxins out of the body. We also do emotional release work, and it helps to dear the system and minimize patient discomfort. We use it every day with most of our patients."

Bob set up two units in back of the room, and gave treatments to attendees for the remainder of the afternoon and all day Saturday. I had a front row seat, and as the sessions progressed I formulated a few questions of my own.

I notice slight differences in each treatment, but the colors seem to remain the same. Why?

"Think of everything as water. The air we breathe is water, we

are seventy-percent water, the food we eat and of course the water we drink and shower in. The toxins in your body are the same as the toxins in mine, only the proportion and locations are different. My body may have a better functioning lymph system than yours, but your kidneys may function better than mine. You will probably accumulate more lymphatic material, while I will accumulate material that is attracted to the kidney area of the body. The ionized water color in Boise, Idaho is light green because of the kinds of chemicals used in that area. I noticed that many of the people I treated there complained of physical problems relating to the lower abdominal area. In Denver, my hometown, the ionized water color is orange, which relates to joints, and I saw a preponderance of joint problems in my practice, compared to kidneys. Chinese physicians are well aware of the relationship between health problems and geographical area."

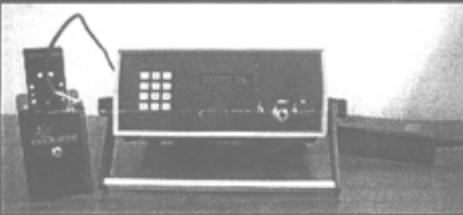
I noticed that one older lady did not dump anything into the water. Why?

"The stronger you are, the more you release, and the more treatments you do, the more you release. That lady recently recovered from a severe bout of the flu and was still quite weak. She tested for only fifteen minutes in the positive. You need to be careful with weak people. Any form of detoxification requires body energy. Strong people experience an energy increase and their bodies feel lighter, but you can easily overtax recovering patients."

I had an opportunity to experience an up-close result with our graphic designer, Cristi Terrazas, who was suffering from edema throughout her body. She took a treatment on Saturday and a second on Monday. In that brief span, her body size shrunk noticeably. She reported an increase in energy and her disposition clearly improved. An impressive result. Judging from the doctors' responses to the treatment, she was not the only success. *Next issue: Before and after results of bath water tests and 24-hr, urine samples.*

¹⁰Michael Lebowitz D.C. Grand Junction. Colorado. June. 2000. *2 4hr-Urine Analysis on One Patient.* ¹¹ David Shiflet. D.C., *Before and After Water Mineral Content Study of Twelve Patients Conducted At EPA Laboratory In Phoenix. Arizona. July. 2001.*

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Presenting the IonCleanse: an aid to detoxification

The IonCleanse supports all modalities' detoxification procedures.

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2 yr. parts & labor warranty

For more information or to order, please call 303-617-3811

HEAVY METALS REPORT

Metal	Before (ppb)	After (ppb)	Percentage Change
Antimony (Sb)	1.09	2.48	128%
Arsenic (As)	2.53	3.93	55%
Copper (Cu)	363.66	3656.11	905%
Lead (Pb)	2.45	8.16	233%
Uranium (U238)	3.08	5.58	81%
Barium (Ba)	60.2	74.3	23%
Cadmium (Cd)	5.55	12.15	119%
Chromium (Cr)	13958.44	22838.88	63%
Nickel (Ni)	411.48	672.52	63%
Aluminum (Al)	216.33	950.33	339%
Iron (Fe)	50645.66	138918.11	174%
Manganese (Mn)	218.77	524.44	140%
Zinc (Zn)	148.44	288.22	94%

February 2002 As determined by Doctor's Data 3755 Illinois Avenue, St. Charles, IL 60174-2420

These statistics show the average increase in toxic metals categories from nine separate before and after IonCleanse treatments.

Beryllium, Mercury, Thallium and Selenium were tested' and showed no significant changes after IonCleanse sessions.